Since time began, scents have been used to enhance, soothe or excite the
spirits. What is more evocative than a drift of rose petals on the breeze, or
the bracing freshness of piney woods? Chamomile can conjure up tea, home and
comfort, while basil can evoke greenness, freshness and spring. How can you experience
these and a host of other scents any time of year, simply by opening a bottle? With
Nature's Alchemy Essential Oils, a complete line of pure, naturally distilled botanical
essential oils.

For centuries, botanical essential oils—highly concentrated, aromatic oils found in herbs,
flowers and trees—have been used to soothe the body, ease the sting of a wound, assure a
sound sleep, or turn a simple bath into a rejuvenating or relaxing experience. These
feather-light, non-greasy oils can be dissolved in alcohol or mixed with other pure
vegetable oils to become a unique part of our personal care regimen.

From religious ceremonies to beauty rituals, essential oils were an integral part of everyday
life for our ancestors. The medieval Persian physician Avicenna developed the distillation
techniques for extracting these delicate, readily evaporating oils from plants.

Extracting these oils (a very small part of the entire plant) is a painstaking, meticulous process.
Avicenna's discoveries have stood the test of time; the finest quality oils are still distilled using
natural methods. For Nature's Alchemy, we are committed to using only steam-distillation or cold-pressing.
Our high-quality oils are scientifically tested for purity and contain no chemical solvents, added
alcohol or other extenders.

Our experts at Nature's Alchemy delight in seeking out the rarest desert plants or most
exotic tropical foliage to create a rich variety of essential oils. So indulge in a perfumed lotion,
try a scented oil massage, or rejuvenate with a refreshing bath. Your mind, body and spirit
will thank you.

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...Combining ancient wisdom and modern
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Suggested Uses for Essential Oils...

Aromatherapy
Combine essential oils with special massage techniques to relieve stress, soothe the skin, or help ease congestion. Many books on aromatherapy techniques can guide you in choosing the right oils to meet your needs.

Body Care
Give your favorite essential oils, bath oils, creams and hair care products an exotic lift by mixing in a touch of essential oil. Or give your hair and scalp a refreshing conditioning treatment by placing a few drops of rosemary or lavender oil directly on your natural bristle hairbrush (which also conditions and protects the bristles).

Crafts
Create a festive mood around the holidays or a sweetly scented mood for spring by “decorating” your home with the fragrance of essential oils. Potpourri, incense, candles and herbal fragrance pillows make unique, personalized gifts. Include a small bottle of essential oil with your potpourri gift so the recipient can refresh the mixture throughout the year.

Culinary
Treat yourself to a distinctive natural flavoring in candles and confections. Pure peppermint oil has been used commercially for many years to make candy canes and chocolate mints.

Environmental Fragrance
Bring your favorite essential oil into your bedroom, bathroom or any room in your home by using a diffuser or by placing a drop of oil on a light bulb before turning it on. This same technique can bring a refreshing reminder of home into a hotel room.

Inhalation and Facial Steam
Steaming hot water with a few drops of a soothing oil like chamomile can be a wonderfully relaxing way to open the pores before a facial treatment. After adding the oil to the steaming water, place a towel over your head and breathe the steam in deeply for several minutes. Take care not to make the water too hot, and keep your face at least six inches from the steaming water.

Insect Repellent
Enjoy that Sunday picnic or evening outdoor concert without using harsh chemical sprays. A number of oils, such as citronella, have long been valued for their natural insect-repelling properties. Just blend a few drops of essential oil into an unscented vegetable oil and rub on your skin or your clothes.

Massage
Enhance the naturally sensuous experience of a massage by adding a few drops of your favorite essential oils to an unscented massage oil. With the appropriate oils, your massage can be relaxing, muscle-soothing or energizing.

Personal Fragrance
Unwind with a spa-like scented bath by adding a few drops of essential oil to your bath water. Or make your own custom-scented perfume oil by blending a few drops each of your favorite essential oils with a high-quality vegetable oil. Jojoba oil (a plant wax) is highly recommended as the base oil for perfume oils; it will not become rancid and alter your fragrance. Perfume oils are very concentrated and long lasting for a less concentrated, lighter scent, make your own perfume by blending essential oils with a pure vegetable source alcohol.

We require our essential oil suppliers to verify their testing methods and supply complete quality analysis on each oil. Two of the standards used to identify and certifying essential oils are the C.A.S. Number and the Specific Gravity of an oil. The chart on the back panel shows both for each essential oil.

The C.A.S. Number is an international Chemical Abstract Services number which is assigned to all essential oils. Each number identifies the essential oil of a specific plant which corresponds to the botanical name listed.

The Specific Gravity of an essential oil is a measurement of the weight ratio of each oil to water, which has a specific gravity of 1.0. This measurement is one of the main criteria used in verifying the purity of an essential oil.

We also require two additional pieces of documentation for individual oils from our suppliers: Certificates of Analysis document the physical analysis of each batch of essential oil we purchase. Gas Chromatograph Scans verify the chemical constituents of the essential oils and are so sensitive they can detect the presence of solvents if they have been used in the extraction process. This assures us of the high purity of the oils we purchase.

The Purity, Quality & Origins of our 100% Pure Essential Oils...

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